

Journal Your Story 2026

Hello Owlettes!

The "My Story" 2026 journaling prompts continue, here are some prompts on telling your story.

The "My Story" video series is journaling prompts on telling your story. If you are a memory keeper, scrapbooker, junk journaler, photographer, or post on social media... we all tell our story. This series will be to answer a set of prompts and questions (see below) add a photo, make a collage, add ephemera; or whatever your heart desires.

The "tell your story" is a continuous project. Last year, every month, a list of prompts was posted for you to be inspired to journal and tell your story. I plan to continue in 2026, every month, through the year, I will post questions to answer and add to your journal. I plan to also include a creative element, can't wait to see how this year evolves in telling our stories.

January:

Hello, include a recent photo of yourself in your journal

Do you have a new year's resolution? What are ways you like to set the tone for the new year?

Create a Vision Board for 2025 or for the month of January, set your theme.

Add a bit of Sparkly to a page using ribbon, glitter or anything shiny.

I hope this series brings you inspiration for journaling your story!

Stay Sparkly, Rebecca



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