



Rebecca Hoot "All About Me" Journal Fun

July 24-30, 2022



Welcome to the "All About Me" Journal Series!! I am so excited you will be joining in on the fun! There will be two components each day to add to your journal, a writing challenge and a creative challenge. I will be posting a video a day showing my journal entries for each challenge. All video links and printables will be available daily on my blog and can be viewed anytime.

Don't forget to invite your inner child to the play!



Tuesday, July 19, 2022: Intro with Supply List and itinerary. Journal Set-up

Sunday, July 24, 2022:

Writing Challenge: Create a list of words that describe yourself, be kind and sweet. You are a one-of-a-kind treasure!

Creative Challenge: Layer paper, napkins, tissue paper, etc for your background, and then add a photo of yourself

Monday, July 25, 2022:

Writing Challenge: How did you get your name? Are you named after a family member or book?

Creative Challenge: Write your name BUT with pipe cleaners, pom poms, glitter, button, markers, paint, all the things!

Tuesday, July 26, 2022:

Writing Challenge: Be a Dreamer: What does your future self dream about? Travel? Creative adventures?

Creative Challenge: Make a page of what you are dreaming about. Use magazines, prints off line, etc

Wednesday, July 27, 2022:

Writing Challenge: What are you listening to? Make a list of your favorite podcasts, music, and creatives.

Creative Challenge: Stamp it out. Create a page using stamps... be creative and use material, cardstock, layers, and inks.

Thursday, July 28, 2022:

Writing Challenge: Let's talk about your favorite meals, snacks, and beverages. Make a list in your journal.

Creative Challenge: Use pictures or food wrappers to document your favorite snacks and food. If you have a receipt from the last restaurant you ate at, paste it here.

Friday, July 29, 2022:

Writing Challenge: Document one of your favorite birthdays or holiday events, either as a child or adult.

Creative Challenge: Create a party page. Add color, glitter, crepe paper ribbon... make a party in your journal!

Saturday, July 30, 2022:

Writing Challenge: Document your day

Creative Challenge: Document your day either with stickers, drawings, ephemera, magazines etc.

BONUS: Create a page filled with your favorite color(s). Use Stickers, pretty paper, ribbon, magazines, all the things as long as it has your color!

Happy Creating, Rebecca Hoot