

Traditional Quebec Foods



Poutine "mess"
fries, gravy and
cheese curds

Montreal Bagels



Montreal Smoked Meat
-Kosher-style cured
and smoked beef brisket



Tourtière
-traditional meat pie
minced beef or pork or
game meat

Maple Baked Beans
(fèves au lard)

Pea Soup
(Soupe aux pois)



Hot chocolate
(chocolat chaud)

Pouding chômeur
translates to
"unemployment
pudding"
Came from the Depression
because it's made with
inexpensive ingredients



maple Taffy
"served at
the end of
winter"



Tarte au sucre
Sugar Pie - basically
maple syrup pie

French-Canadian Crêpes
- Canadian crêpes are
slightly thicker than French crêpes