

# Journal Your Story Past, Present and Future

The "Journal Your Story" Video Series is a way to kick off the New Year, with telling your story. If you are a memory keeper, scrapbooker, journaler, photographer, or social media queen... we all tell our story. I sometimes hear from others, "I don't have an interesting life and don't know what to write or journal about" Well, here are just a few questions you could write about: What is your weather? What do you like to eat? What are your favorite clothes you like to wear? Are you reading anything? What are your dreams? This is your story... and adding all the fluff...washi, ribbon, ephemera, stickers.. is just a bonus!

Inside this past CWR kit there was a set of journaling cards (from the Vicki Boutin Paper Line) with "word prompts" In this video series I plan to use those words as prompts. In case you were unable to purchase the kit, here are the words so everyone can play along!!

Hello

Passionately Curious

Just Around the Corner

In my Own Backyard

Good Food, Good Friends, Good Times

Create your own Path

Fave Spot

Sightseeing

I'm in Love with new cities and people I have never met

Brand New Day

Bon Voyage

And away we go

Pure Happiness

Happiness comes in waves

Paradise Found

The Good Life

Beautiful

Lost and Found

I hope this series brings you inspiration for journaling your story!

